

*Father Champlin's*  
**SPIRITUAL SUGGESTIONS**

*A special collection of meditations from Father Joseph Champlin designed to help you see God in the everyday details of life.*

- |                                  |   |
|----------------------------------|---|
| 02: INTRODUCTION                 | 29: HELPING HANDS                       |
| 03: CALLED TO GREATNESS          | 30: PRAYING FOR PEACE WITH JUSTICE      |
| 04: FORGIVENESS                  | 31: WAITING UP                          |
| 05: VISION                       | 32: A CALL TO GREATNESS                 |
| 06: ACTS OF CHARITY              | 33: NO PAIN NO GAIN                     |
| 07: EVERY SECOND COUNTS          | 34: REMEMBERING OUR ROOTS               |
| 08: GOD AND NATURE               | 35: AMAZING GRACE                       |
| 09: LOVING RESPONSE TO DISASTERS | 36: A NEAR DEATH EXPERIENCE             |
| 10: GOD'S CONSTANT LOVE          | 37: WAGING PEACE                        |
| 11: A MINI MARRIAGE RETREAT      | 38: OPENING ANOTHER DOOR                |
| 12: INNER SERENITY               | 39: MAINSTREAMING THE HEARING IMPAIRED  |
| 13: BELIEVERS AND NON BELIEVERS  | 40: AN UNEASY AIRPLANE EXPERIENCE       |
| 14: SOLITUDE                     | 41: GREEN ENERGY                        |
| 15: TO DO THE RIGHT              | 42: THE PRESENT MOMENT                  |
| 16: CARING FOR OUR PLANET        | 43: GLOBAL SOCIETY                      |
| 17: PRAYERFUL DECISION MAKING    | 44: FINISHING THE RACE                  |
| 18: REGULAR CHURCH GOING         | 45: SIMPLE SELF GIVING                  |
| 19: CORPORATE CONSCIENCES        | 46: SATISFACTION IN SERVING OTHERS      |
| 20: BALLROOM DANCING             | 47: RELAXING                            |
| 21: SUPPORT OF OTHERS            | 48: THIS TOO SHALL PASS                 |
| 22: WORDS OF WISDOM              | 49: GRATITUDE FOR A RICH HARVEST        |
| 23: SABBATICALS                  | 50: SERIOUS ILLNESS & SELF CENTEREDNESS |
| 24: ADOPTION                     | 51: SURPRISING HELP                     |
| 25: A GLOBAL SOCIETY             | 52: BLOOD TRANSFUSIONS                  |
| 26: OUR MARVELOUS BODIES         | 53: FROM DARKNESS TO LIGHT              |
| 27: WORRY                        | 54: GOD USING HUMAN INSTRUMENTS         |
| 28: GOD'S REMARKABLE PLAN        | 55: CLOSING                             |



VOICEOVER: NIA CARTER PRODUCTION: DAVE ANTHONY, ROB BERGAN, VINCENZO MUSOLINO,  
GEOFF HERBERT ARTWORK & BACKGROUND PHOTO: JULIE PANDILLO SPECIAL THANKS: JOEL  
DELMONICO, MARY DOUGHERTY, BRETT PANDILLO, CATHY MILLER, RAY RIPPLE, PATTY BOMBARDO.